

<http://www.rheumatic.org/kath.htm>

KATHERINE, scleroderma

Since scleroderma does not go into natural remission and the disease longevity is around six months to ten years, why am I still here since I've had this disease for 18 years? Dr. Thomas McPherson Brown's antibiotic therapy is the only answer.

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18 ? Dr. Thomas McPherson  
Brown's

Diagnosed with scleroderma in 1978, we were fortunate enough to have Dr. Brown in town several months later to lecture at the University of Alabama in Huntsville.

1978

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My first trip to National Hospital for Orthopedics in Arlington, Virginia, was in June 1979, for a ten day stay and the first series of IVs. At that time my face, hands and wrists had thickened. The first two fingers on my right hand had turned hard as stone. I was experiencing Raynaud's symptoms, and the fatigue was taking its toll to the point most of my time was spent in bed.

National Hospital for Orthopedics

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My rheumatologist had prescribed Naprosyn and said that since we had caught it early, it would not be internally progressive. My family doctor disputed that and eventually got us an appointment with Dr. Brown.

Naprosyn

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Brown

From June of 1979, through August of 1987, I was treated by Dr. Brown on ten inpatient periods at Arlington. I went every six months for the first three visits and thereafter annually. I received IVs every day while I was in Arlington on all of the ten trips, along with the oral medication. The

treatment is individually tailored to each patient's needs. On my first hospital trip in 1979, Dr. Brown treated me with the following:

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Naprosyn, Minocin, Nolamine, Trilisate, Stress tabs with zinc, Vitamin E, Dalmane at night, if needed, Cleocin intramuscularly, Lincocin intravenously.

Naprosyn, , Nolamine, Trilisate, Stress tabs with zinc, E, Dalmane  
 Lincocin

After ten days in the hospital, I came home and took the following for six months:

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Naprosyn, Trilisate, Minocin (omit Sundays), Stress tabs with zinc, Vitamin E.

Naprosyn, Trilisate, ( ), Stress tabs with zinc, E.

I followed this general regimen in the hospital and at home over the eight year period between 1979 and 1987. As Dr. Brown predicted, my fatigue got worse during the first six months and really was not much better the second six months. There was some progress the next year, and after 31 months I was able to stay up all day and was having more good days than bad. Facial swelling and the swelling in my hands began to subside. After three years, all of the lab tests were very close to being in the normal range.

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After six years most of the symptoms were gone. I have not been on any medication now for the past eight years, and based on my physical exams by a local doctor, all of the lab readings have been in the normal range for the past seven years. My life has returned to normal.

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We live in an area where scores of people have received Dr. Brown's antibiotic therapy for rheumatoid arthritis, lupus and scleroderma. We still meet together and support this work. Needless to say, we are strong advocates of Dr. Brown's antibiotic approach. We know it produces good results.

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Brown

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I would be happy to speak with anyone regarding my experience.

KATHERINE LOFTIS

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(Katherine's full story appears in the book The Arthritis Breakthrough by Henry Scammell with Dr. Thomas McPherson

( Henry Scammell Thomas McPherson The Arthritis Breakthrough )